

This Week on Arlington Community Access TV

Thursday November 11th 2010 - Wednesday November 17th 2010

Public Access Channel (Comcast 8, RCN 3, and Verizon 31, and *LIVE streaming* at www.acmi.tv)

Public Domain Movies – *NEW* – ACMi brings you classic (public domain) movies to satisfy our Arlington movie buffs.
(Daily, except Saturday, at 1 a.m.; Saturday at 11 a.m.)

Democracy Now – *Always New* Daily news analysis program, with Amy Goodman
(Weekdays, 8 a.m., Noon, and 7 p.m.)

The Steve Katsos Show – *NEW every Sunday* at 7:30 p.m. Former Arlington cable TV talk show host, Steve Katsos, is back with new and interesting guests and way cool musicians.
(Weeknights, 8 p.m.; Sunday at 7:30 p.m. and 11:30 p.m.)

Jo Jo's Dream Cart – Children's programming
(Weekdays, except Wednesday, 9 a.m.; Saturday, 9 a.m.)

Stress Less – *NEW episode* – *Stress Less* focuses on coping with stress in times of change (like global economic crises, job changes/layoffs, or life transitions). Each episode of *Stress Less* is half an hour. The host, Mark Censky, interviews a guest with a different approach or story on reducing stress.
(Weekdays, except Wednesday, 10 a.m.; Thursday at 6:30 p.m.; Friday at 10:30 p.m.; Tuesday at 6:30 p.m.)

Just Cook It ! – Another classic reality-TV-cooking show from Arlington's own chef extraordinaire, Dave Sammarco.
(Weekdays, except Wednesday, at 10:30 a.m.; all weeknights at 8:30 p.m.)

Community Bulletin Board (CBB) – ACMI's televised slide show of public announcements
(Thursday & Tuesday, 11 a.m.; Saturday, 9:30 p.m.)

Employment for All – The continuing series about employment opportunities in Massachusetts
(Thursday and Tuesday at 1:30 p.m.)

Veterans History Project – Jack Cooney interviews U.S. veterans about their service to our country.
(Thursday, Friday, Monday, Tuesday at 2 p.m.; Saturday at 3 p.m.)

Retired Men's Club of Arlington – A *NEW* guest lecture presentation before this 300-member Arlington-based club.
(Thursday and Tuesday at 3 p.m.; Sunday, at 6 p.m.)

Marimba Magic: A Musical Journey from Kindergarten through High School (Directed by Ed Keith)
Get ready to tap your feet and clap your hands as you listen to the rhythmic and mellow sounds of several marimbas playing together. Marimbas are xylophones, set up with a keyboard similar to a piano, with each note a bar of rosewood. The player holds a mallet in each hand, striking the bars to create melodies. Arlington residents Zachary De Besche, age 10, and Violet De Besche, age 8, play weekly in a marimba band with other children their own age. They are enrolled in the *Marimba Magic*^(R) program at The Rivers School Conservatory in Weston Massachusetts. Sarah Tenney directs The Marimba Magic program, introducing children as young as 5 years old to the joy of creating music together with marimbas and drums.
(Thursday & Tuesday, 4 p.m.; Friday, 11 p.m.; Saturday, 5 p.m.)

Golden Opportunities – *NEW episode* – Issues and information of importance to Arlington's more seasoned citizens.
(Thursday & Tuesday, 5 p.m.; Friday & Monday, 11 a.m. & 5 p.m.; Wednesday, 6 p.m.)

A Healer in Every Home – *NEW episode* – Produced and hosted by Begabati Burke Lennihan, RN, CCH, Harvard '74, from The Lydian Center for Innovative Medicine, this program aims to empower viewers to understand and guide their own personal health by exploring natural options and resources. Several monthly episodes are now in rotation throughout the weekly schedule.
(Thursday, 6 p.m.; Friday & Monday at 10 p.m.; Tuesday, 6 p.m.)

ACMI Annual General Meeting 2010
(Thursday & Monday at 9 p.m.; Saturday at 10 a.m. & 11 p.m.)

Stealing America, Vote by Vote – *NEW* – Directed by Dorothy Fadiman. Starring Peter Coyote, Brad Friedman. Filmmaker Dorothy Fadiman shines a spotlight on the gritty reality of the last decade's most egregious incidents of U.S. electoral insecurity.
(Thursday, 10 p.m.)

Jeff Jam – *NEW* – Young children's sing-a-long program
(Friday, Saturday, Monday, 9:30 a.m.)

Community Youth Orchestra – *Reprise* – Enjoy again the CYO Spring Concert 2010.
(Friday, 6 p.m.; Sunday, 10 p.m.)

Veterans' Day Parade 2010 – *NEW* – Watch this year's parade and festivities and be thankful.
(Friday, 6 p.m.; Saturday, 11 a.m. & 9 p.m.; Sunday, 10 p.m.;)

Physician Focus TV – The continuing series on health and medical issues from the Massachusetts Medical Society.
(Saturday, 6 p.m.)

The Seymour Ziskend Show – Brookline businessman, Seymour Alan Ziskend interviews foreign consuls, dignitaries, and other international figures and entertainers for this informative series.
(Saturday, 6:30 p.m.)

The Joan Quinn Profiles – *NEW* – Joan interviews people in the arts and entertainment fields. Joan also writes a column in *Art Talk* and *Art Revue* magazines, and freelances for several local and national Armenian papers.
(Saturday, 7p.m.; Tuesday, 10 p.m.)

Oyster Restoration – NEW – ACMi member Rachel Smith's documentary about the *Oyster Restoration Project of Wellfleet Harbor*.
(Thursday, 11:30 p.m.; Saturday, 7:30 p.m.; Sunday, 7 p.m.)

The Expert Series – NEW – "Nature Senses" are short nature videos, mostly featured on *YouTube.com*, that bring pleasure to the senses and at times promote upcoming full-length nature shows on *The Expert Series*.
(Friday, 9 p.m.; Sunday, 6 p.m.; Tuesday, 8 p.m.)

Reclaiming Their Voice: The Native American Vote – NEW – a Peter Coyote documentary that follows Native Americans who are stepping forward and speaking out against injustice, demonstrating how some minority populations are strengthening their voting rights and increasing participation in elections.
(Friday, 11 p.m.; Monday, 6 p.m.)

American Songwriter – NEW – a music show produced at the Media Center in Palo Alto, CA (<http://www.midpenmedia.org>). The show features emerging Bay Area songwriters and bands performing original songs. The 28:30 show alternates musical performances with interview segments, with an emphasis on the craft of songwriting.
(Saturday, 8:00 p.m.; Sunday, 11 p.m.)

Finally Fit & Healthy – Producer and Host, Patricia 'Flynn, begins this new series with a focus on understanding one's own personality type as one means of achieving emotional health and fitness. She interviews Arlington *Enneagram* expert, Herb Pearce, about the 9 types of this ancient personality identification system and how to use them to better understand yourself and others.
(Saturday at 9 p.m.)

Community Bulletin Board (CBB) – ACMI's televised slide show of public announcements
(Saturday, 9:30 p.m.)

Saturday Fright Special – NEW every week – Public domain horror flicks for your late Saturday night viewing.
(Saturday, 11:00 p.m.)

Music and the Spoken Word Service
(Sunday 6:30 a.m.; Wednesday, 630 a.m.)

International Church of God Service
(Sunday 7 a.m.; Wednesday, 7 a.m.)

Trinity Covenant Church Service
(Sunday 9 a.m.; Wednesday, 9 a.m.)

In and Out of Season Service
(Sunday 10 a.m.; Wednesday, 10 a.m.)

Life Matters - a weekly, educational right-to-life public access television program aired since 2003.
(Sunday 11:30 a.m.; Wednesday, 11:30 a.m.)

Saint Athanasius Greek Church Service
(Sunday 1 p.m.; Wednesday, 1 p.m.)

Christian Assembly Service
(Sunday 2:30 p.m.; Wednesday, 2:30 p.m.)

Heritage Park Church Service
(Sunday 3:30 p.m.; Wednesday, 3:30 p.m.)

Payson Park Church Service
(Sunday 4:30 p.m.; Wednesday, 4:30 p.m.)

Fatima Today Service
(Sunday 5:30 p.m.; Wednesday, 5:30 p.m.)

Wake Up Your Magic; Feed Your Spirit – NEW – Host, Nina Manolsan interviews guest Susan Guild.
(Sunday, 8 p.m.; Monday, 6 p.m.)

Face the Book – NEW – A program about independent publishing.
(Sunday & Wednesday, 9 p.m.)

The Arabic Hour - Always New - *The Arabic Hour* is a production of the American Arab Media Foundation, a nonprofit organization registered in Massachusetts. It discusses issues of culture and politics in the Arab world.
(Tuesday, 9 p.m.)

Natural Living – a **NEW** cable access television program hosted by Renee Miller that opens a door into the world of professions that encourage balance and well-being.
(Saturday, 8:30 p.m.; Tuesday, 10:30 p.m.)

Multicultural Music Magazine (Triple M) – International music right here in ACMI's TV studio, featuring acclaimed composer, group leader, and tabla artist of the *Sonwalkar Sangeet*, Dr. Nishikant Sonwalkar.
(Tuesday, 11 p.m.)

Here's Robear! - Bob Isenberg, a.k.a. *Robear*, performs his original and humorous tales of real life.
(Wednesday, 6 p.m.)

Arlington Historical Society Presents – NEW – "*Pairing Past and Present Images of Arlington*".
May 25th, 2010 lecture by Richard A. Duffy - Author of *Then And Now: Arlington* - previously unpublished image pairs of Arlington's history. Comparisons of present day with several earlier eras.
(Wednesday at 11 p.m.)

Shakespeare & Company: "The Queen, My Lord, is Much, Much Better." - **NEW** – See ACMi member-producer Robert Kuhn's delightfully witty presentation and enjoy his well-crafted voice-over narration.
(Wednesday, 6:30 p.m.)

Educational Access Channel (Comcast 9, RCN 13, Verizon 24 and *LIVE streaming* at www.acmi.tv)

Arlington Dept. of Fine Arts – Winter Concert 2009 – Reprise – Another look at last year’s AHS winter concert captured on tape by independent producer and ACMi member, Bill Hamilton.

(Daily, 10 a.m.; Thursday & Saturday, 7 p.m.)

Future Talk – NEW – Future Talk examines the global impact of technology, both the promises and the perils, and features expert guests and insightful videos to determine where the new technology is leading us. Areas covered include energy, medical, and I.T.

(Daily, Noon and 6:30 p.m.)

AHS Sports

(Daily, 1 p.m.)

Wicked Green – NEW – from AHS Focus Media, a look at the important issue of eco-awareness and practical activities to help save the planet. AHS sophomore producer, Amy Currul, hosts this important new show.

(Daily, 4 p.m.; Thursday & Tuesday, 6 p.m.)

Arlington Update: Behind the Scenes at ACMi – NEW – Another new show from AHS Focus Media, produced and hosted by AHS junior, Lucas Gradwohl. Lucas has been volunteering at ACMi from its first full year of operation in 2007 and has a pretty good idea of what goes on at Arlington’s gateway to community access media. Don’t miss this peak behind the curtain.

(Daily at 4:30 p.m.; Friday & Wednesday at 6 p.m.)

Ponder This – NEW – An Arlington High School news program produced by Ms. Eudenbach’s journalism classes at AHS.

(Daily, 7:45 a.m., 4:25 p.m., and 4:55 p.m.; Monday, 6 p.m.)

NASA TV - Real-time programs of Agency activities and missions

(Daily, 5 p.m.)

Classic Arts Showcase - Always NEW; always changing; always enchanting

(Daily, 10 p.m.- 3 a.m.)

Community Bulletin Board (CBB) – A televised slideshow of public service and information notices

(Tuesday, 7:30 - 8 p.m.)

Homegrown History – A new regular 2-hour programming slot to feature historical programs about our town.

This week: alternating episodes from the Arlington Historical Society series and the Dallin Museum series.

(Thursday, Saturday, Tuesday at 8:30 p.m.)

AHS Boys ' Soccer and Girls' Soccer – NEW –

(Friday, Sunday, Monday, Wednesday at 7:00 p.m.)

Triangles – NEW – Two public domain animated-educational films from the 1970’s titled *Congruent Triangles* and *Journey to the Center of the Triangle*.

(Tuesday at 7 p.m.)

Government Access Channel (Comcast 10, RCN 15, and 26, and *LIVE streaming* at www.acmi.tv)

Pentagon TV

(Daily, 5 - 8 a.m.)

Roll Call with Diane Mahon - NEW - Tune in to Diane Mahon's new show on ACMi for the facts, figures, and information behind Arlington news. "*Roll Call with Diane Mahon*" deals with current issues, upcoming events, and the important opportunities and challenges facing the citizens of Arlington. Diane's interviews with Town officials, community leaders, and citizens will ask the questions behind the events and news of the day, and keep us all better informed. If you want to be more involved and know our town better, tune in!

(Daily, 8 a.m.; Thursday, Friday, Tuesday, Wednesday, 6 p.m.)

Luncheon with the League of Women Voters of Arlington – NEW – Join the ladies of the League as they discuss their plans and projects for the November elections and the new year ahead.

(Daily at 8:30 a.m. and 6:30 p.m.)

Arlington Redevelopment Board meeting (replay)

(Th., Sat., Tu. at 9 a.m.)

Arlington Board of Selectmen Meeting (replay)

(Th., Sat., Tu. at 1:00 and 11:30 p.m.)

LIVE at 7:15 p.m.- or previous meeting replay - on Mon. at 7:15 p.m.)

Arlington Budget Revenue Task Force (replay)

(Thu, Sat, Tue at 5 p.m.; Sun., 2 p.m.; Fri, Mon & Wed, 11 a.m.; Weeknights, except Mon, at 6:30 p.m.; Friday & Sunday, 11:30 p.m.)

Arlington School Committee Meeting (replay)

(Fri., Mon., Wed, at 1 p.m., 6 p.m., & 11:30 p.m.;

LIVE - or previous meeting replay – Tuesday at 7:30 p.m.;)

Wicked Green – NEW – from AHS Focus Media, a look at the important issue of eco-awareness and practical activities to help save the planet. AHS sophomore producer, Amy Currul, hosts this important new show.

(Saturday at 6 p.m.)

Open House with Jay Kaufman (replay)

(Sunday at 1 and 5 p.m.; Monday, Wednesday, Friday at 5 p.m.)

Community Bulletin Board (CBB) – A televised slideshow of public service and information notices

(Sunday from 9 a.m. – 1 p.m.; Daily, except Mon & Wed, 7 - 7:30 p.m.)

SPECIAL TOWN MEETING From Arlington Town Hall
(Monday & Wednesday at 7 p.m.)